

# The Courses

All courses are USATF certified, flat, paved and scenic past area wineries and farms. The 30 km is home to dozens of national age division records. Each mile marked.

- Aid stations with water and fluid replacement are located approx. every 1.2 to 2.1 miles.
- Course time limits (aid stations and finish line are open only for these paces): Historic 20-Mile Run: 5 hour time limit (15 minutes-per-mile); 30 km: 4:40; (15 mins/mile) Half-Marathon: 3:45 (about 17 mins/mile—walker friendly!); 5 km: 1:00 (19 mins/mile)

## How to Get to Clarksburg:

Please consider carpooling. Parking is very limited at Clarksburg High School.

**From Sacramento or Stockton:** Exit I-5 at Exit 512 Pocket Rd/Meadowview Road to Freeport Road. Turn east on Pocket/Meadowview Road. Turn south (right) on Freeport Blvd. Turn right at Freeport Bridge across the Sacramento River. Turn left on River Road. Go four miles to Clarksburg. Turn right on Netherland Road (look for the large hardware store) to Delta High School in Clarksburg. Free parking on school grounds.

**From I-80 eastbound (Davis, Bay area):** exit Jefferson Blvd. in West Sacramento. Travel south 12 miles to Clarksburg Road. Turn left (east) approx. 3 miles to Clarksburg. Turn right on School Street to park behind high school.

### — HALF-MARATHON COURSE

**S** START

**F** FINISH

**W** WATER STATION

**①** MILES

